

Department of Children & Family Service

<https://www.nj.gov/dcf/about/divisions/oa/>

1.877.NJ Abuse
1.877.652.28.73
TTY 1.800.835.55

Urban League of Hudson County

253 Martin Luther King Jr. Drive
Jersey City, NJ 07305
201.451.8888

<http://www.ulohc.org/programs/child-care-resources-referrals/>

Women, Infants, and Children (WIC) Program

Provides services and food vouchers to pregnant, breastfeeding, and postpartum women, infants, and children up to five years old free of charge to eligible local residents. Benefits and services include: nutrition education and counseling, funds for approved nutritious food, breastfeeding education and support, immunization screening and referrals, and referrals for health and social services. Based on a client's nutritional needs, foods may be authorized for purchase including: baby food, infant formula, milk, eggs, bread, cheese, juice, fruits, and vegetables.

Hudson County locations: 199 Summit Ave. Suite A2, Jersey City, NJ; (201) 547-6842
407 39th Street, Union City, NJ; (201) 866-4700; <https://nhcac.org/women-infants-and-children-wic/>
Harrison: 862-229-1130 call for an appointment
Kearny: 862-229-1130 call for an appointment.

Good Counsel: Homes & Hope for Babies & Mothers

Shelter and supportive services for homeless, expectant, and new mothers and their children. Provides necessities such as food and diapers; training in nutrition, budgeting, vocational, and parenting skills; and day care services. Referral program for post-abortive parents offering counseling and peer groups (877-586-4621)
Located in Hoboken.
Contact: (201) 795-0637

Hoboken Family Planning, INC

Hoboken Family Planning first opened its doors for service on March 1, 1972. For over 40 years we have gained the trust and confidence of our patients and community by providing quality care to people with a wide range of backgrounds; from the uninsured to the underinsured, to Medicaid recipients and the fully insured in Hoboken and neighboring communities.
(201) 963-0300
<http://www.hobfamplan.net/>

Partnership for Maternal & Child Health

Free pregnancy testing / confidential
<https://partnershipmch.org/>

North Hudson WIC Program

407 39th Street
Union City, NJ - 07087
(201) 866-4700

https://www.wicprograms.org/li/north_hudson_wic_program

Metropolitan Family Health Network

935 Garfield Avenue

Jersey City, NJ 07304

(201) 478-5800

Monday, Wednesday, Friday

9:00am -12:00pm

<http://www.metropolitanfhn.com/>

Palisades Family Success Center

1408 New York Avenue

Union City, NJ 07087

Phone: (201) 758-8792

Fax: (201) 758-8795

<https://palisadesfsc.org/>