

# A Culture of C.A.R.E.



The Hudson County Community College CARE Team strives to maintain a healthy, welcoming, and safe campus environment. The HCCC CARE Team, in partnership with the college community, will engage in proactive approaches to address concerning behavior.

# How the CARE Team was created

- In the Fall of 2019, Dr. Brian Van Brunt, President of the National Behavioral Intervention Team Association NaBITA, visited HCCC.
- One of his recommendations was for the College to establish a CARE Team and a process for the team to review and respond to campus concerns.
- In January of 2020, the CARE Team was formed.
- The CARE Team has been meeting since the onset of Covid-19 on a weekly basis to review cases of care and concern.

# Meet the CARE Team



**Dr. David Clark**  
Associate Dean for Student  
Affairs, Co-Chair



**Denise Rossilli**  
LPC, LMHC and Assistant  
Professor, Human Services,  
Co-Chair



**Joseph Caniglia**  
Executive Director  
North Hudson Campus



**Jennifer  
Christopher**  
Director of Communications



**Dr. Chris Conzen**  
Executive Director Secaucus  
Center



**Dr. Lisa Dougherty**  
Vice President for Student  
Affairs and Enrollment



**Veronica Gerosimo**  
Assistant Dean, Student  
Life and Leadership



**Kathy Smith -  
Wenning**  
Director of Health Programs



**Anna Krupitskiy**  
Vice President for Human  
Resources



**Doreen Pontius**  
LCSW, Associate Director  
Mental Health and Wellness



**Yeurys Pujols**  
Vice President for Diversity,  
Equity and Inclusion



**Jack Quigley**  
Executive Director, Public  
Safety and Security



**Jacqueline Safont**  
Director, Diversity, Equity,  
and Inclusion-Accessibility  
Services



**Katherine Morales**  
Director, Hudson  
Helps Resource  
Center



**Deliana Acosta**  
Social Worker  
North Hudson  
Campus



**Thomas Larson**  
LCSW, Mental  
Health Counselor



**Amaalah Ogburn**  
Associate Director  
North Hudson Campus



**Tejal Parekh, MSW**  
EOF Counselor



# We are here for you!



*Are you experiencing stress, depression, or anxiety?*

*Difficulty in a course?*

*Dealing with mental health and wellness?*

**Hudson County Community College**  
cares about you and wants to help.

Please complete the General Concern Form  
<https://tinyurl.com/HCCC-Care>

**CLICK HERE FOR THE FORM**

A member of the CARE Team will respond to you shortly.



## Services Provided

### Mental Health Counseling & Wellness Center

- Free short-term mental health counseling
- Referrals to community providers
- Support groups – remote, virtual
- Mental health workshops & events (Suicide Prevention, Domestic violence, Substance Abuse, and Wellness Events)
- Trainings for staff: (Mental Health First Aid (MHFA) & Question, Persuade, and Refer (QPR))
- TalkCampus 24/7 live peer to peer support

### Hudson Helps Resource Center

- Food Pantries (JSQ and NHC)
- SingleStop Benefits Screener
- Career Closet
- Community Resources and Partnerships
- Health Screenings
- Social Work Interns

# NaBITA Risk Rubric

## INTERVENTION OPTIONS TO ADDRESS RISK AS CLASSIFIED

### CRITICAL (4)

- Initiate wellness check/evaluation for involuntary hold or police response for arrest
- Coordinate with necessary parties (student conduct, police, etc.) to create plan for safety, suspension, or other interim measures
- Obligatory parental/guardian/emergency contact notification unless contraindicated
- Evaluate need for emergency notification to community
- Issue mandated assessment once all involved are safe
- Evaluate the need for involuntary/voluntary withdrawal
- Coordinate with university police and/or local law enforcement
- Provide guidance, support, and safety plan to referral source/stakeholders

### ELEVATED (3)

- Consider a welfare/safety check
- Provide guidance, support, and safety plan to referral source/stakeholders
- Deliver follow up and ongoing case management or support services
- Required assessment such as the SIVRA-35, ERIS, HCR-20, WAVR-20 or similar; assess social media posts
- Evaluate parental/guardian/emergency contact notification
- Coordinate referrals to appropriate resources and provide follow-up
- Likely referral to student conduct or disability support services
- Coordinate with university police/campus safety, student conduct, and other departments as necessary to mitigate ongoing risk

### MODERATE (2)

- Provide guidance and education to referral source
- Reach out to student to encourage a meeting
- Develop and implement case management plan or support services
- Connect with offices, support resources, faculty, etc. who interact with student to enlist as support or to gather more information
- Possible referral to student conduct or disability support services
- Offer referrals to appropriate support resources
- Assess social media and other sources to gather more information
- Consider VRAW<sup>2</sup> for cases that have written elements
- Skill building in social interactions, emotional balance, and empathy; reinforcement of protective factors (social support, opportunities for positive involvement)

### MILD (0/1)

- No formal intervention; document and monitor over time
- Provide guidance and education to referral source
- Reach out to student to offer a meeting or resources, if needed
- Connect with offices, support resources, faculty, etc. who interact with student to enlist as support or to gather more information

CRITICAL

ELEVATED

MODERATE

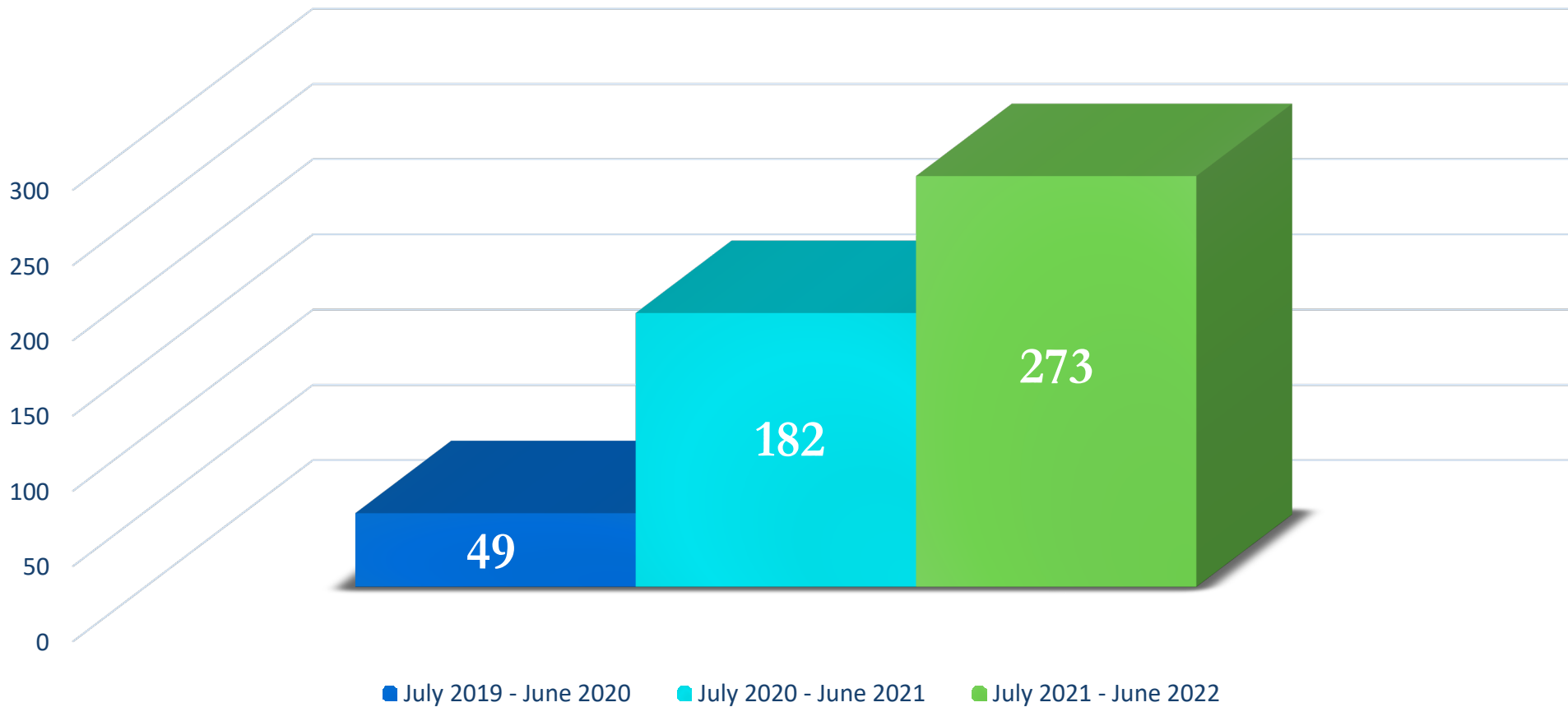
MILD

NaBITA

.org

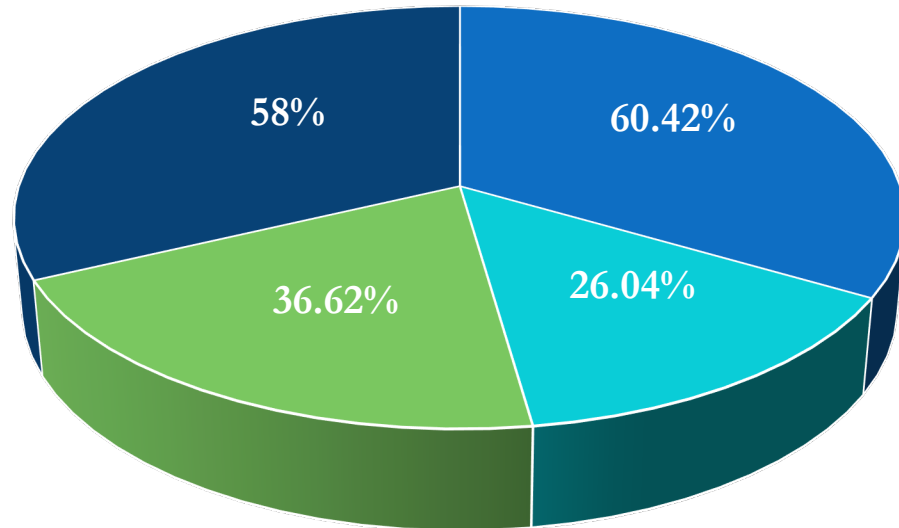
# CARE Cases at a Glance

## Grand Totals



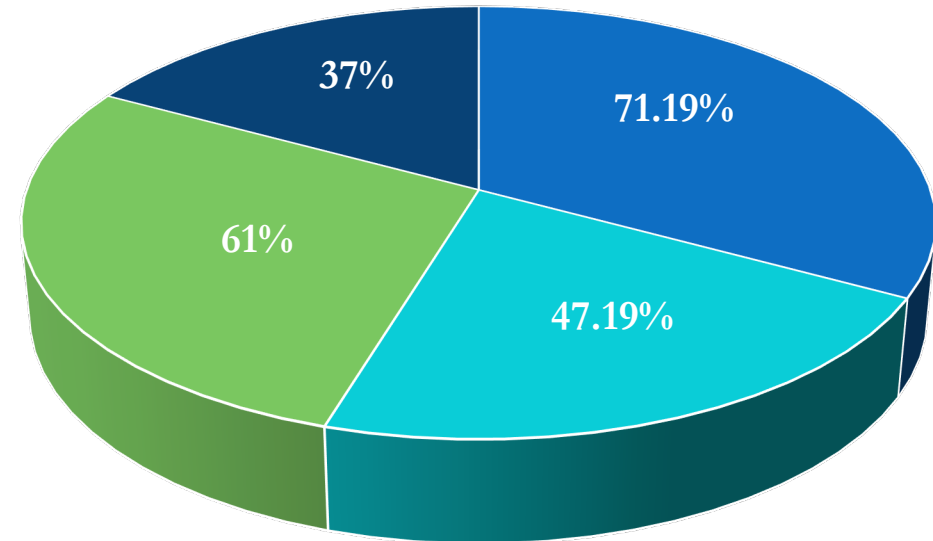
# Mental Health Case Types

July 1, 2020 - July 2021



- Stress Related Diagnosis
- Effective Mood Disorder
- Adjustment Disorder
- Generalized Anxiety Disorder

August 2021 - Present



- Stress Related Diagnosis
- Effective Mood Disorder
- Depression Cases
- Post Traumatic Stress Disorder



# HCCC Mental Health & Social Work Internship Program



**Lisa Farkas**  
From Rutgers  
1<sup>st</sup> Year Intern



**Karl Smith**  
From Rutgers  
2<sup>nd</sup> Year Intern



**Vanessa Reina**  
From NYU  
2<sup>nd</sup> Year Intern



**Alexa Yacker**  
From NYU  
1<sup>st</sup> Year Intern



**William Garner**  
From Rutgers  
1<sup>st</sup> Year Intern



**Delia Drake**  
From NYU  
Advance Standing Intern



**Ariana Calle**  
From Fordham University  
Career Closet Coordinator

**Coming  
Soon:**  
**Montclair State  
University & New  
Jersey City University**



# Additional Services & Resources



Mental Health  
Counseling & Wellness



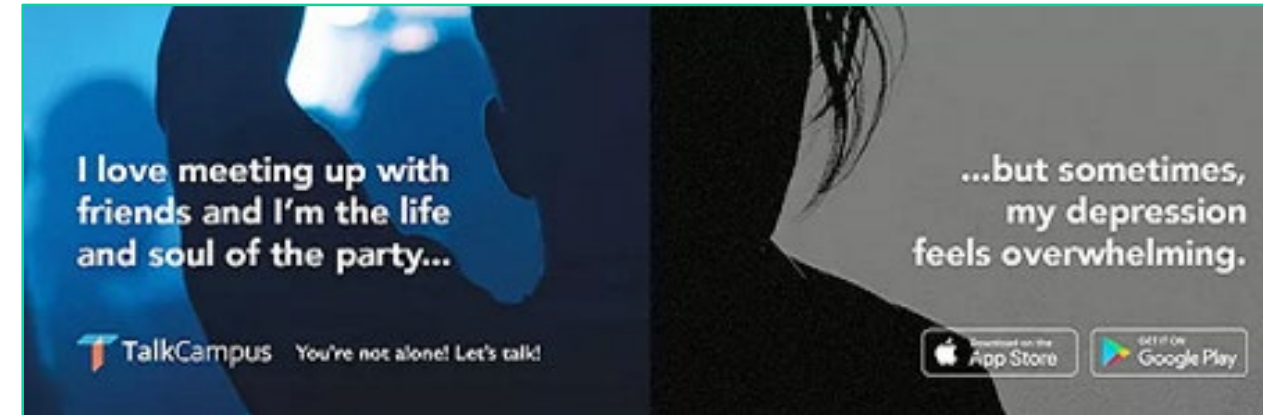
Accessibility Services



Hudson Helps  
Resource Center



Safety & Security



# Any Questions?

---