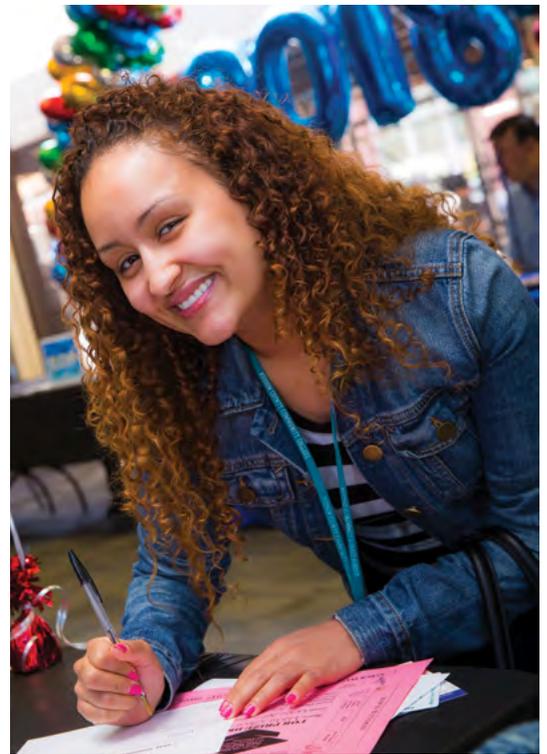


Fall 2016 Student Life Guide



Close to Home. Affordable.
High Quality. Life-Changing.

Hudson County Community College

W E L C O M E
B A C K

WEDNESDAY, AUGUST 31

Free Ice Cream!

11 a.m. – 1 p.m.

Journal Square Campus,
Outside of L Building
Cool down with some Mister Softee.

3 p.m.

North Hudson Campus, Student Lounge
Kick off the year with free Ben & Jerry's.

THURSDAY, SEPTEMBER 1

HCCC Spirit Day

Keep an eye out for your Peer Leaders
on both campuses for giveaways kicking
off the new year the right way – with
free stuff!

Movie on the Terrace!

West Side Story

6 p.m.

Journal Square Campus,
Benjamin J. Dineen II and Dennis C. Hull
Gallery Terrace

North Hudson Campus, Student Lounge
For the first time in HCCC history, we
bring you a movie on the terrace! Spots
are limited, so arrive early!

FRIDAY, SEPTEMBER 2

Stuff-A-Plush

12 p.m. - 2 p.m.

Journal Square Campus,
B Student Lounge
North Hudson Campus, Student Lounge
Turn your favorite emoji into your new
pillow!

MONDAY, SEPTEMBER 5

New York Yankees vs. Toronto Blue Jays

1:00 p.m.

Yankee Stadium

Students: \$10

Faculty/Staff/Guests: \$16

Purchase Tickets Here:

<http://www.hccc.edu/tickets/>

What's better than enjoying Labor Day
by taking part in America's favorite
pastime?! Come out and enjoy a Yankees
game with the HCCC Community!

TUESDAY, SEPTEMBER 6

Welcome Back BBQ!

12 p.m. - 2 p.m.

North Hudson Campus, Student Lounge

Help us usher in the new year with
delicious BBQ, giveaways, music,
and more! All attendees will enter a
raffle to win a brand new Samsung
Galaxy tablet!

WEDNESDAY, SEPTEMBER 7

Bagel Wednesday

9 a.m.

North Hudson Campus, Student Lounge

Start your morning off with some bagels
and all of the fixings!

Welcome Back BBQ!

12 p.m. - 2 p.m.

Journal Square Campus,
B Student Lounge

Help us usher in the new year with
delicious BBQ, giveaways, music, and
more! All attendees will enter a
raffle to win a brand new Samsung
Galaxy tablet!

Games for Giveaways

4 p.m. - 6 p.m.

North Hudson Campus, Student Lounge
Stay for one game or stay for them all!

Win a game and enter to win a variety
of school supplies, from pens and
notebooks to apparel and electronics.

THURSDAY, SEPTEMBER 8

Student Involvement Fair: 90's Style!

11 a.m. – 1 p.m.

Journal Square Campus, B Student
Lounge

Getting involved is all that and a bag
of chips! Stop by to learn about the
different clubs, organizations, and
leadership opportunities we have on
campus. Also snag some fly 90's themed
giveaways.

Broadway Show: *Wicked*

Gershwin Theater

Time: 8:00 p.m.

Students: \$25

Faculty/Staff/Guests: \$50

Order tickets here:

<http://www.hccc.edu/tickets/>

The story of this multiple Tony award
winning Broadway show centers on
Elphaba, the misunderstood, smart,
and fiery girl of emerald-green skin
who grows up to become the notorious
Wicked Witch of the West and Glinda,
the beautiful, blonde, popular girl who
grows up to become Glinda the Good
Witch of the South.

FRIDAY, SEPTEMBER 9

9/11 Remembrance Day

Journal Square Campus, Benjamin J.

Dineen III and Dennis C. Hull Gallery

12 p.m. - 3 p.m.

Stop by the Gallery all day to experience
the featured exhibit, *World Trade Views*
by Mickey Mathis, along with a special
photo installation, *Before 9/11 Views*.
Hear from our community express their
personal reflections of 9/11 during a
reading, and join us for a reception.

SATURDAY, SEPTEMBER 10

Family Day at HCCC!

4:00 p.m. - 9:00 p.m.

Journal Square Campus, CAI Park
Rain location: B Student Lounge
Come enjoy a family-friendly day of events for all ages! Carnival games, snacks, and fun for everyone! Also join us for a campus wide service activity as we assemble backpacks to distribute to local elementary schools. Stay after the sunsets for an outdoor showing of *Finding Dory!*

SUNDAY, SEPTEMBER 11

New York Yankees vs. Tampa Bay Rays

Time: 1:00 p.m.

Students: \$12

Guests: \$24

Purchase Tickets Here: <http://www.hccc.edu/tickets/>

Cheer on the New York Yankees as they take on the Tampa Bay Rays!

MONDAY, SEPTEMBER 12

True Life: I'm Moving to Canada!

12 p.m.

Journal Square Campus, Culinary Conference Center

At North Hudson Campus on Sept 13, N106S

The 2016 Presidential Election is panning out to be one like we've never had before. Regardless of what party you generally side with, Americans have expressed their fear, uneasiness, and lack of knowledge in what both Hillary Clinton and Donald Trump stand for and can bring to the position of President. Join us for a conversation on the candidates

and the related issues and topics that affect you before you visit the polling sites in November.

TUESDAY, SEPTEMBER 13

Smoothies on the Terrace!

12 p.m.

North Hudson Campus, Student Lounge
Enjoy a peaceful break from classes with a smoothie!

WEDNESDAY, SEPTEMBER 14

Bagel Wednesday

9 a.m.

North Hudson Campus, Student Lounge
Start your morning off with some bagels and all of the fixings!

Student Involvement Fair: 90's Style!

11 a.m. - 1 p.m.

North Hudson Campus, Student Lounge
Getting involved is all that and a bag of chips! Stop by to learn about the different clubs, organizations, and learning opportunities we have on campus. Also snag some fly 90's themed giveaways.

MONDAY, SEPTEMBER 19

Evening Involvement Services Fair

5 p.m. - 7 p.m.

Journal Square Campus, B Student Lounge
Attention evening students! Stop by to learn about various services and opportunities available to you at HCCC.

**JOIN
A CLUB OR
ORGANIZATION!**

Watch for great programs and events from the clubs and organizations this semester.

For questions or to sign up, please call 201-360-4195 email us at OSA@live.hccc.edu

- Accounting & Business Club
- AESNJ -Alliance of EOF Students of NJ
- Art Club
- Biology Club
- Christian Club
- Computer Science Club
- Culinary Arts Club
- Environmental Club
- French Club
- Fashion Club
- Gaming Central Club
- Gay Straight Alliance
- Honors Student Council
- Human Services Club
- Literary Club
- The Mathematics Club
- Model United Nations Club
- National Society for Leadership and Success
- The Orator (Student Newspaper)
- Phi Theta Kappa (Honor Society)
- Psi Beta (Honor Society)
- Science & Engineering Club
- Sigma Kappa Delta (Honor Society)
- Spanish Club
- Spiritual Exploration Society
- Society of Light Club
- Student Government Association
- Teacher Education Club
- Theater Arts Club
- Wellness Club

STUDENT LEADERSHIP CONFERENCE

The Leadership Olympics

Saturday, September 24, 2016

**Journal Square Campus,
B Student Lounge**

25 Journal Square, Jersey City, NJ

8:30 a.m. to 4:30 p.m.

Go for the Gold

We're looking for the best of the best to make a difference on campus this year. Do you have what it takes? Take advantage of educational workshops, social networking opportunities, and of course, giveaways!

ALL Students are welcome - Students in a club/organization will receive additional incentive credit for attending.

FREE for all HCCC Students!

Register Today:

<http://leadershipolympicsconference.eventbrite.com>

**Don't see a club you like?
Start one!**

<http://tinyurl.com/http-Annual-Recognition-com>

North Hudson Campus Events



All events take place at NHC Lounge unless otherwise noted.

Wednesday, August 31

Free Ice Cream!

3 p.m.

Kick off the school year with free Ben & Jerry's.

Thursday, September 1

HCCC Spirit Day

Keep an eye out for your Peer Leaders on both campuses for giveaways kicking off the new year the right way – with free stuff!

Movie on the Terrace! West Side Story

6 p.m.

For the first time in HCCC history, we bring you a movie on the terrace! Spots are limited, so arrive early!

Friday, September 2

Stuff-A-Plush

12 p.m.-2 p.m.

Turn your favorite emoji into your new pillow!

Tuesday, September 6

Welcome Back BBQ!

11 a.m. - 1 p.m.

Help us usher in the new year with delicious BBQ, giveaways, music, and more! All attendees will enter a raffle to win a brand new Samsung Galaxy tablet!

Wednesday, September 7

Bagel Wednesday

9 a.m.

Start your morning off with some bagels and all of the fixings! Enjoy this event EVERY Wednesday during the semester

Games for Giveaways

4 p.m.-6 p.m.

Stay for one game or stay for them all! Win a game and enter to win a variety of school supplies, from pens and notebooks to apparel and electronics.

Tuesday, September 13

True Life: I'm Moving to Canada!

12 p.m.

For a detailed description on this event, please refer to page 11.

Smoothies on the Terrace!

12 p.m. - 2 p.m.

Enjoy a peaceful break from classes with a smoothie!

Wednesday, September 14

Student Involvement Fair: 90's Style!

11 a.m. - 1 p.m.

Getting involved is all that and a bag of chips! Stop by to learn about the different clubs, organizations, and learning opportunities we have on campus. Also snag some fly 90's themed giveaways.

Tuesday, September 15

Taste of Union City: Hispanic Heritage Month Edition

See page 4 for more details

Friday, September 16

Constitution Day and Voter Registration

12 p.m.- 2 p.m.

Join us as we celebrate the formation and signing of the United States constitution, which occurred on September 17, 1787. We will be giving out free Constitutions and will have Voter Registration available, so you can be set to uphold your constitutional duties and vote in the Presidential election this year.

Monday, September 19

Tres Colores Dance Performance with food from Me Casa

11 a.m.- 1 p.m.

Come enjoy an interactive upbeat Latin performance with the Tres Colores combined with the tastes of Puerto Rico from Me Casa. Celebrate the sights, sounds, and tastes of Hispanic Heritage Month!

Thursday, September 22

#TruckinThursday ft. Darkside of the Moo

11 a.m. - 1 p.m.

Tuesday, September 27

Transfer Fair

4 p.m. - 6 p.m., Multipurpose Room

What does life after HCCC look like for you?

Meet representatives from your potential four-year institution!

Thursday, September 29

True Life: I'm an Afro-Latino

5 p.m.

(Discussion in Spanish)

For a detailed description on this event, please refer to page 11

Tuesday, October 11

Majors Exploration Fair

11 a.m. - 1 p.m., Multipurpose Room

Come discover the major that is right for you!

Wednesday, October 12

Fall Fest

3 p.m. - 6 p.m.

Paint pumpkins, enjoy candy apples and apple cider, take pictures in the Fall Photo Booth, and relax while enjoying all that the Fall season has to offer!

Thursday, October 20

#TruckinThursday ft. Waffle de Lys

11 a.m. - 1 p.m.

Wednesday, October 26

Relax and Unwind Fair

12 p.m. - 2 p.m.

Feeling stressed out? We've got massages, facials, and more that will help you unwind.

Monday, October 31

Campus Wide Trick or Treating!

Wednesday, November 2

Job and Internship Fair

4 p.m. - 7 p.m., Multipurpose Room

Bring your resume and meet employers with opportunities for you!"

Tuesday, November 15

Therapy Dogs

12 p.m. - 2 p.m.

It's that time of the academic year where deadlines and work can get a little overwhelming. Relax with therapy dogs!

Tuesday, December 13

Stuff-a-Plush

12 p.m. - 2 p.m.

Create your favorite emoji into your new pillow!

Wednesday, December 14

Relax with Massages

12 p.m. - 2 p.m.

Enjoy a massage to help with the stress of finals.

Thursday, December 15

Relax with Therapy Dogs

12 p.m. - 2 p.m.

Come play with dogs!

**Exclusive North Hudson
Weekly Event!**

Sundaes on Mondays Every Monday starting October 3 at 12 p.m.

Bagel Wednesdays Every Wednesday at 9 a.m.

Stop by the Student Lounge to enjoy!

This is just a sample of the events happening on the North Hudson Campus. Check out the events on the following pages from events from Career Planning, the Library, and much more!

Hispanic Heritage Month

TUESDAY, SEPTEMBER 15

Hispanic Heritage Month Kick-Off

Check out displays in the Library and go on a self-guided art walk throughout the College to see how HCCC celebrates our Hispanic Heritage!

Taste of Union City: Hispanic Heritage Month Edition

1:30 p.m. - 3:30 p.m.

North Hudson Lounge

Learn more about various Hispanic cultures through food! Taste the various offerings of restaurants from the neighborhood around our North Hudson Campus.

SATURDAY, SEPTEMBER 17

Hispanic Society of America Museum

Reserve your spot here:

<http://www.hccc.edu/tickets/>

The Hispanic Society of America, located in Manhattan on Broadway between 155th and 156th Street, was established as a free, public museum and research library for the study of arts and cultures of Spain and Latin America. Visit hispanicsociety.org to find out more information about the current collections and exhibitions. Students who reserve a spot will receive a MetroCard to cover your PATH and subway fares.

MONDAY, SEPTEMBER 19

Tres Colores Dance Performance with food from Me Casa

11 a.m. to 1 p.m.

North Hudson Campus, Student Lounge

Come enjoy an interactive upbeat Latin performance with the Tres Colores combined with the tastes of Puerto Rico from Me Casa. Celebrate the sights, sounds, and tastes of Hispanic Heritage Month!

TUESDAY, SEPTEMBER 20

Tres Colores Dance Performance with food from Me Casa

11 a.m. to 1 p.m.

Journal Square Campus, B Student Lounge

TUESDAY, SEPTEMBER 27

Culture Fest!

11 a.m. to 1 p.m.

Journal Square Campus, B Student Lounge

Join us and discover the sounds, history, food, and culture of the various Hispanic countries from around the world.

WEDNESDAY, SEPTEMBER 28

True Life: I'm an Afro-Latino

3 p.m.

Journal Square Campus, Culinary Conference Center

See page 11 for more details.

THURSDAY, SEPTEMBER 29

True Life: I'm an Afro-Latino

5 p.m.,

North Hudson Campus, Room 106S

(Discussion in Spanish)

See page 11 for more details.

Lecture Series: Ana Navarro

1 p.m.

Journal Square Campus, Culinary Conference Center

Ana Navarro is a political analyst and Republican strategist. Navarro is a political commentator for CNN, which is among the world's leaders in news and information delivery.

FRIDAY, SEPTEMBER 30

On Your Feet on Broadway

Marquis Theater

Time: 8 p.m.; Students: \$25; Guests: \$55

Purchase Tickets Here:

<http://www.hccc.edu/tickets/>

ON YOUR FEET! is the inspiring true story about heart, heritage, and two people who believed in their talent—and each other—to become an international sensation: Gloria and Emilio Estefan.



MONDAY, OCTOBER 3

Denice Frohman

4 p.m. - 6 p.m.

Journal Square Campus, B Student Lounge
See page 8 for more details.

THURSDAY, OCTOBER 6

Hispanic Heritage Month Literary Salon: "What's Your Story?"

4 p.m. - 5:30 p.m.

Journal Square Campus, Liberty Café

Join us to hear how Latinos are adding to the American story. Bring your own story to share! Sponsored by the HCCC Library

MONDAY

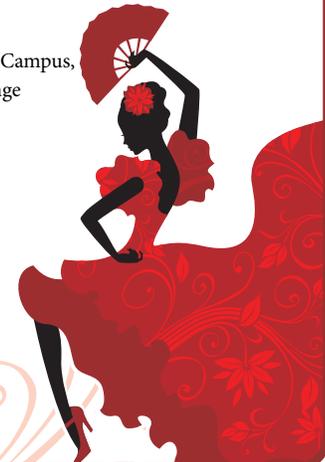
OCTOBER, 10

Matinee Monday:

Selena

12 p.m.

Journal Square Campus,
B Student Lounge



Constitution Day! Voter Registration and Free Constitutions

Friday, September 16

11 a.m. to 1 p.m.

Journal Square Campus, B Student Lounge
North Hudson Campus, Student Lounge

ELECTION 2016 COUNTDOWN!

Monday, September 12

True Life: I'm Moving to Canada!
12 p.m., Journal Square Campus,
Culinary Conference Center

The 2016 Presidential Election is panning out to be one like we've never had before. Regardless of what party you generally side with, Americans have expressed their fear, uneasiness, and lack of knowledge in what both Hillary Clinton and Donald Trump stand for and can bring to the position of President. Join us for a conversation on the candidates and the related issues and topics that affect you before you visit the polling sites in November.

Tuesday, September 13

True Life: I'm Moving to Canada!
12 p.m.
North Hudson Campus
See page 11 for more information.

Friday, September 16

Voter Registration
12 p.m. - 4 p.m.
Journal Square Campus,
B Student Lounge
North Hudson Campus, Student Lounge

Monday, September 26

Presidential Debate Screening
9 p.m.- 10:30 p.m.
Journal Square Campus,
B Student Lounge

Sunday, October 9

Presidential Debate Screening
9 p.m.- 10:30 p.m.
North Hudson Campus, Student Lounge

Wednesday, October 19

Presidential Debate Screening
9 p.m.- 10:30 p.m.
Journal Square Campus,
B Student Lounge

Thursday, November 3

Meet the Candidates
11 a.m. - 1 p.m., Journal Square Campus,
B Square Lounge
Come take a selfie with this year's presidential candidates, Hillary Clinton and Donald Trump!

Tuesday November 8

Election Day!



Check if you are registered to vote at voter.njsvrs.com. If you are not registered, make sure you register on-line or in person by October 18.

HCCC Serves Hudson County

Check out these fun and hands-on Community Service activities! Meet other students while giving back to the Hudson County community!

SCHOOL SUPPLY COLLECTION

We are collecting school supplies to donate to local schools in need. We are looking for everything from backpacks to pencils to hand sanitizer.

Drop off all donations to the Office of Student Activities by September 9.

Backpacks and care packages will be packed at Family Day, taking place on September 10 on the Journal Square Campus by the HCCC Community.

SUNDAY, SEPTEMBER 25 OUT OF THE DARKNESS WALK

9 a.m., J. Owen Grundy Pier, Exchange Place, Jersey City

SEPTEMBER 30 AND OCTOBER 22 GROUP SERVICE: COMMUNITY FOODBANK OF NEW JERSEY

9 a.m. to 11 a.m., Bus will depart from Journal Square Campus, B Building at 8 a.m.

OCTOBER 5

VOLUNTEER WITH THE ST. JOSEPH'S FOOD PANTRY

3 p.m. to 5 p.m.

Meet in the B Student Lounge at 2:30 p.m.; group will walk as a group to St. Joseph's.

SUNDAY, OCTOBER 23 MAKING STRIDES BREAST CANCER WALK

9 a.m., Newport Plaza, Jersey City

TUESDAY, NOVEMBER 29 LIFE SAVING BLOOD DRIVE-NEW JERSEY BLOOD SERVICES

10:00 a.m. - 4:00 p.m.

Journal Square Campus, B Student Lounge

To register for the above events, visit: hccc.edu/tickets.

College Transfer Fair



TUESDAY SEPTEMBER 27

4 p.m. to 6 p.m.

Multipurpose Room
North Hudson Campus
4800 Kennedy Blvd., Union City, NJ

THURSDAY, OCTOBER 27

TRICK OR TRANSFER

11 a.m. to 1 p.m.

Culinary Conference Center
Journal Square Campus
161 Newkirk Street, Jersey City, NJ



Start thinking about the next step in your education! Meet with admissions representatives from various colleges and universities that are interested in HCCC students. Learn more about your potential four-year institution!

Open to all HCCC students

Sponsored by: Center for Academic and Student Success

For more information contact: (201) 360-4150/4152 or advising@hccc.edu

LECTURE SERIES

Admission to the HCCC College Lecture Series is FREE and open to the community.

Tickets are required for admission, and are available on a first-come, first-served basis.

For more information, please contact 201-360-4020.



Thursday, September 29

Ana Navarro

CNN Political Analyst

1 p.m.,

Culinary Conference Center,
Scott Ring Room
161 Newkirk Street,
Jersey City, NJ

Ana Navarro is a well-known Republican strategist and a political analyst for CNN and CNN en Español. She is also a political contributor on ABC's *The View*. *The Miami New Times* named her a "Republican power-consultant," and the *Tampa Bay Times* called her "a sought-after voice in Republican politics and an adviser for any presidential hopeful," saying, "with confidants Jeb Bush and Marco Rubio she is poised to play a big role in the GOP response to immigration reform and Hispanic outreach." Respected on both sides of the aisle for her straight shooting and candor, Navarro frequently appears in the media, sought after by *Meet the Press*, *Bill Maher's Real Time*, *Anderson Cooper 360*, and *The View*, to name a few. "Ana speaks the truth, and she is willing to speak the truth to power without reservation... She has the ear of lots of elected officials," said Republican consultant Brett O'Donnell.

She is in touch with the political issues people are talking about, and in presentations, she discusses the latest hot button issues in politics, giving audiences an insider's view of the upcoming elections and a roadmap for where the country is headed.



Thursday, October 13

Piper Kerman

Bestselling Author, Memoirist,
Social Justice Advocate

6 p.m.,

Culinary Conference Center,
Scott Ring Room
161 Newkirk Street,
Jersey City, NJ

Piper Kerman's best-selling memoir *Orange Is the New Black: My Year in a Women's Prison* chronicles what the author calls her "crucible experience"—the 13 months she spent in the Federal Correctional Institution in Danbury, Connecticut. A brief dalliance with drug trafficking while she was in her early twenties sent Kerman to prison 10 years later on money laundering charges. In her compelling, moving, and often hilarious book, she explores the experience of incarceration and the intersection of her life with the lives of the women she met while in prison: their friendships and families, mental illnesses and substance abuse issues, cliques and codes of behavior. What has stuck with her the most from her experience, Kerman says, is the power of women's communities, "the incredible ability of women to step up for each other, and to be resilient and to share their resiliency with other people."

The first 100 students in attendance will receive a free signed copy of Piper Kerman's best-seller "Orange Is the New Black: My Year in a Women's Prison".

CAREER DEVELOPMENT WORKSHOP SERIES 2016

JOB AND INTERNSHIP FAIRS

September 2016

Resume & Cover Letter

Sept. 6 JSQ 12 p.m.
Sept. 7 NHC 2 p.m.
Sept. 12 JSQ 11 a.m.
Sept. 22 JSQ 3 p.m.
Sept. 27 JSQ 5 p.m.

Job Search & Online Presence

Sept. 8 JSQ 11 a.m.

Building up Your Interview Skills

Sept. 13 JSQ 12 p.m.
Sept. 26 JSQ 5 p.m.

Major Exploration

Sept. 28 JSQ 12 p.m.
Sept. 28 NHC 12 p.m.

October 2016

Resume & Cover Letter

Oct. 3 JSQ 12 p.m.
Oct. 12 NHC 12 p.m.
Oct. 13 JSQ 3 p.m.
Oct. 21 JSQ 11 a.m.
Oct. 26 JSQ 3 p.m.
Oct. 31 JSQ 3 p.m.

Job Search & Online Presence

Oct. 6 JSQ 11 a.m.
Oct. 19 NHC 12 p.m.
Oct. 24 JSQ 3 p.m.

Applying to College/Transferring

Oct. 17 JSQ 3 p.m.

Building up Your Interview Skills

Oct. 14 JSQ 4 p.m.
Oct. 25 JSQ 12 p.m.
Oct. 26 NHC 12 p.m.

Major Exploration

Oct. 4 JSQ 3 p.m.
Oct. 5 NHC 11 a.m.

November 2016

Resume & Cover Letter

Nov. 7 JSQ 11 a.m.
Nov. 16 NHC 12 p.m.
Nov. 16 JSQ 5 p.m.
Nov. 22 JSQ 12 p.m.
Nov. 29 JSQ 3 p.m.

Job Search & Online Presence

Nov. 9 JSQ 3 p.m.
Nov. 14 JSQ 12 p.m.
Nov. 23 NHC 12 p.m.

Applying to College/Transferring

Nov. 9 NHC 11 a.m.

Building up Your Interview Skills

Nov. 1 JSQ 12 p.m.
Nov. 17 JSQ 12 p.m.
Nov. 21 JSQ 3 p.m.
Nov. 30 JSQ 11 a.m.
Nov. 30 NHC 12 p.m.

December 2016

Job Search & Online Presence

Dec. 2 JSQ 4 p.m.

Resume & Cover Letter

Dec. 5 JSQ 12 p.m.

Building up Your Interview Skills

Dec. 6 JSQ 3 p.m.

Office Hours:

Monday – Thursday,
9 a.m. to 6 p.m.
Friday, 9 a.m. to 5 p.m.

Office Phone: (201) 360-4184

Locations:

JSQ: 70 Sip Ave. (Building A)
NHC: 7th Floor (N703A)

Mark your calendars!

TUESDAY, OCTOBER 18

Journal Square Campus
Culinary Conference Center
11 a.m. to 2 p.m.

WEDNESDAY, NOVEMBER 2

North Hudson Campus
Multipurpose Room
4 p.m. to 7 p.m.



All JSQ Workshops are held in your
BRAND NEW

Career Development Center
70 Sip Avenue (Building A),
Third Floor

All NHC Workshops are held at
North Hudson Campus
7th Floor, Room N703A

Follow us:



HCCC
Career Development



@HudsonCareer



HCCC Career
Development

JOIN US FOR OUR CAREER BOOTCAMP

Revamp Your Resume • Polish Your Interviewing Skills • Learn What Not To Wear • Create Your Brand

Journal Square Campus, Building A, 3rd Floor: October 10-13 North Hudson Campus, 2nd Floor: October 25-27
SESSIONS START ON THE HOUR, EVERY HOUR BETWEEN 9 A.M. AND 4 P.M.

LGBTQ Events



MONDAY, OCTOBER 3

Denice Frohman

4 p.m., Journal Square Campus, B Student Lounge
Denice Frohman is an award-winning poet, lyricist, and educator, whose multi-cultural upbringing inspires her to explore the intersections of race, gender, and sexuality. Her work has been featured in the Huffington Post, BuzzFeed, and more. Her poem "Dear Straight People" went viral and has over 2 million views on YouTube. After her performance, Denice will open up the event as an interactive workshop. Copies of her latest album, "Feels Like Home", will be raffled off at the end of the event.

WEDNESDAY, OCTOBER 5

Documentary Screening and Director Q&A *The Same Difference* by Nneka Onuorah

6 p.m., Journal Square Campus, Benjamin J. Dineen III & Dennis C. Hull Atrium
Nneka Onuorah's film "The Same Difference" puts a spotlight on the black lesbian/bisexual community in a way that is not only necessary, but long overdue. The documentary explores the internal-homophobia and gender roles that play out within the black lesbian community, including the kind of judgment that stud-on-stud couples, bisexual women, and pregnant aggressives face from their peers.

TUESDAY, OCTOBER 11

National Coming Out Day Screening: *Do I Sound Gay?*

4 p.m., Journal Square Campus, B Student Lounge
Is there such a thing as a "gay voice"? Why do some people "sound gay" but not others? Why are gay voices a mainstay of pop culture but also a trigger for bullying and harassment? *Do I Sound Gay?* explores these questions and more and includes revealing interviews with Margaret Cho, Tim Gunn, Don Lemon, Dan Savage, David Sedaris, and George Takei.

MONDAY, OCTOBER 17

Spirit Day: Sign the Pledge!

12 p.m., Journal Square Campus, B Student Lounge
Every October, millions of people go purple on Spirit Day in a stand against bullying and to show their support for lesbian, gay, bisexual, and transgender youth. Come by the B Student Lounge to sign a pledge against bullying, to show support for your LGBTQ peers and for some giveaways.

TUESDAY, NOVEMBER 8

True Life: *I Have No Idea What It Means To Be Transgender* See page 11 for more details

MONDAY, NOVEMBER 14

Trans Awareness Month: Matinee Movie: *Trans Generation*

4 p.m., Journal Square Campus, B Student Lounge
TransGeneration is an American television documentary series that affords a view into the lives of four transgender college students during the 2004-2005 academic year. Join us as we watch highlights from this series.

MONDAY, NOVEMBER 21

Transgender Day of Remembrance #TDOR

12 p.m., Journal Square Campus, B Student Lounge
Transgender Day of Remembrance is a day to memorialize those who have been murdered as a result of transphobia and to bring attention to the continued violence endured by the transgender community. Join us as we take a day to remember the victims and to educate yourself on an issue very prevalent in our society, but not always spoken about in the media.

Club & Organization Event

Friday, October 7

Club and Organization Mixer
12 p.m. - 2 p.m.
Journal Square Campus,
B Student Lounge



FALL FEST

Wednesday, October 12
3 p.m. to 6 p.m., North Hudson
Campus, Student Lounge
Thursday, October 13
11 a.m. to 1 p.m., Journal Square
Campus, B Student Lounge

Paint pumpkins, make candy apples, and relax while enjoying all that the Fall season has to offer!

CANDLELIGHT VIGIL



Thursday, October 20
6 p.m. to 8 p.m., Journal Square
Campus, B Student Lounge
OSA and WomenRising Inc.
team up to support

**DOMESTIC ABUSE
AWARENESS MONTH**
with a special candlelight vigil for
all those affected by and victims of
domestic violence.



It's On Us Week

TUESDAY, OCTOBER 25

HCCoffeehouse and Open Mic
4 p.m., Journal Square Campus, B Student Lounge

WEDNESDAY, OCTOBER 26

Matinee Movie: *The Hunting Ground*
12 p.m., Journal Square Campus, B Student Lounge

The statistics are staggering. One in five women in college are sexually assaulted, yet only a fraction of these crimes are reported, and even fewer result in punishment for the perpetrators. From the intrepid team behind *The Invisible War* comes *The Hunting Ground*, a piercing, monumental exposé of rape culture on campuses, poised to light a fire under a national debate.

Show your support by taking the pledge, coming to our events and using the #ItsOnUs tag!

MAJOR EXPLORATION FAIRS

**COME DISCOVER THE MAJOR
THAT IS RIGHT FOR YOU!**

*Meet with representatives from a variety of majors to
explore the different career paths in each.*

Wednesday, October 5, 2016

Journal Square Campus, B Student Lounge
11 a.m. to 1 p.m.
25 Journal Square, Jersey City, NJ

Tuesday, October 11, 2016

North Hudson Campus
Multipurpose Room
11 a.m. to 1 p.m.
4800 Kennedy Boulevard, Union City, NJ



*National Society for
Leadership & Success
HCCC Chapter*

The National Society of Leadership and Success brings some of the top presenters in the world to students via Live Speaker Broadcasts. Compelling in thought and focused on success, these authors, speakers and celebrities help students to achieve their goals. All broadcasts will be held at the Culinary Conference Center on the Journal Square Campus and the Multipurpose Room at the North Hudson Campus. Refreshments will be served.

Tuesday, October 4, 2016 - 7:00 p.m.

Tuesday, October 18, 2016 - 7:00 p.m.

Wednesday, November 9, 2016 - 7:00 p.m.

Meet Me at the B!

Unwind and join us for an afternoon
of free popcorn and a movie.

Thursday, October 6
Ghostbusters (2016)

Monday, October 10
Selena

Tuesday, November 8
Suicide Squad

*All movies will begin at 12 p.m.
at the Journal Square Campus, B Student Lounge.*



**CAMPUS WIDE TRICK OR
TREATING ON Halloween
Monday, OCTOBER 31**

Veterans Day Friday, November 11



As a token of our appreciation, we invite all Veteran Students to stop by The Office of Student Activities between November 11 and 18 to pick up special giveaways.

HCCCoffeehouse & Open Mic Series

All events will take place at 4 p.m. in the B Student Lounge on the Journal Square Campus.



Monday, September 12

Open Mic Night:

The World Around Us

“Open Mic Night: The World Around Us” is an open forum for HCCC students to reflect on what’s happening in today’s society. Students can voice their opinion in the form of singing, spoken word, rapping, or a conversation to bring awareness to the campus environment.

Monday, October 3

HCCCoffeehouse: **Denice Frohman**

Denice Frohman is an award-winning poet, lyricist, and educator, whose multi-cultural upbringing inspires her to explore the intersections of race, gender, and sexuality. She is the 2013 Women of the World Poetry Slam Champion, 2014 CantoMundo Fellow, 2012 Leeway Transformation Award recipient, and 2013 Hispanic Choice Award winner. Her poem “Dear Straight People” went viral and has over 2 million views on Youtube. She has performed and taught poetry across the country and internationally, and was the former Program Director at the Philly Youth Poetry Movement. After her performance, Denice will open up the event as an interactive spoken word workshop, and copies of her latest album, “Feels Like Home” will be raffled off.

Tuesday, October 18

HCCCoffeehouse: **Levi Stephens**

Enjoy a live performance from talent Levi Stephens, a new artist with an old soul and sound. His music is like enjoying a surprisingly great meal at the local café you’ve passed by a thousand times before. His refreshing blend of sound goes far beyond the confines of R&B and seamlessly melds a variety of genres, from soul to rock to gospel to folk while always reminding honest, clever, and conversational. Levi’s creativity, innovation, and inherent blend of difference cultures and experiences, make his music comforting while challenging the status quo.

Tuesday, October 25

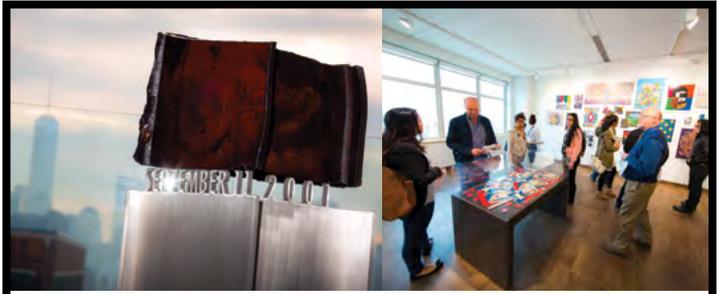
It’s On Us Coffeehouse and Open Mic

Students are invited to take part and voice their experiences through song, poetry, and more, reflecting on the mission of the It’s On Us campaign

Tuesday, November 15

HCCCoffeehouse

Enjoy a live performance from a local musician. Refreshments will be served.



Gallery Features

Check out free events available to students at the Benjamin J. Dineen III & Dennis C. Hull Gallery, located on the sixth floor of the Library building at the Journal Square Campus. All exhibits and events listed below are free of charge.

FRIDAY, SEPTEMBER 9, 2016

9/11 Remembrance Day

World Trade Views Reception

Before 9/11 Views Photo Installation Opens

Personal Reflections of 9/11 Readings

12 p.m. - 3 p.m.

Benjamin J. Dineen III & Dennis C. Hull Gallery, Atrium

First Fridays at HCCC:

Enjoy the best of HCCC

OCTOBER 7, NOVEMBER 4, AND DECEMBER 2

Broadway Classroom

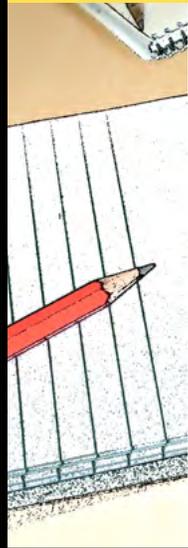
1 p.m.

Dineen Hull Gallery Atrium

Samplings at the Culinary Center

5 p.m. - 7 p.m.

NATIONAL NOVEL WRITING MONTH



Kick off Event

Tuesday, November 1

12 p.m. to 1 p.m.

Don’t wait until “someday” to write your novel--write it this November! Join the Writing Center in the Library’s Makerspace to start the first draft of your novel. At the kickoff event you will be introduced to the concept of National Novel Writing Month (aka NaNoWriMo), discuss strategies for writing a 50,000-word draft in 30 days, and get inspired to start writing!

Weekly Write-In

Each week, we will meet up to discuss the progress on our novels and add to our word counts. We’ll work on our novels together by participating in fun activities such as word sprints and writing challenges. We will also discuss craft, tips, and tricks in order to reach the 50,000-word finish line.

Tuesday, November 8, 12 p.m. to 1 p.m.

Tuesday, November 15, 12 p.m. to 1 p.m.

Tuesday, November 22, 12 p.m. to 1 p.m.

Tuesday, November 29, 12 p.m. to 1 p.m.

NaNoWriMo events are located in the Main Library Makerspace (L116). They are open to all current HCCC students, faculty, staff, and Hudson County community members. You are welcome to join as many sessions as you like!

True Life

All Journal Square Campus events will occur in the Culinary Conference Center and All North Hudson Campus events will take place in Room 106S.

A series of open, non-judgmental conversations where all are encouraged to share their experiences with their peers, in hopes to educate and better understand the world and those around us.

TRUE LIFE: I'M MOVING TO CANADA!

The 2016 Presidential Election is panning out to be one like we've never had before. Regardless of what party you generally side with, Americans have expressed their fear, uneasiness, and lack of knowledge in what both Hillary Clinton and Donald Trump stand for and can bring to the position of President. Join us for a conversation on the candidates and the related issues and topics that affect you before you visit the polling sites in November.

Journal Square Campus: Monday, September 12, 12 p.m.

North Hudson Campus: Tuesday, September 13, 12 p.m.

TRUE LIFE: I'M AN AFRO-LATINO

Often seen as one of the more underrepresented and disregarded groups within the Hispanic community, Afro-Latinos struggle with acceptance from both Latinos and African-Americans. Bring into the discussion the Census, which has caused confusion and misinterpretation for the Hispanic community, and this becomes an even bigger issue. What impact can it have on our peers and nation when those who identify as Afro-Latino are forced to "choose" which social group to "belong" to?

Journal Square Campus: Wednesday, September 28, 3 p.m.

North Hudson Campus: Thursday, September 29, 5 p.m.

TRUE LIFE: THE DIFFERENCE BETWEEN BEING ALIVE AND LIVING

With recent events such as the massacre in Orlando and the various police brutality incidences, we have experienced and witnessed those around us "living in fear". What can we do to help those around us, to change and improve our perspective, to make this state and country one that we want future generations to grow up in?

Journal Square Campus: Wednesday, October 12, 3 p.m.

TRUE LIFE: LOVE IS...

The statistics on dating abuse and sexual assault are staggering. Nearly 1.5 million high school students experience physical abuse in a year. 43% of dating college women have experiences violent and abusive dating behaviors, meanwhile 57% say it is difficult to identify when they are in an abusive relationship and 58% don't know how to help someone who is experiencing it. Let's discuss what love is, the different forms of abuse that one can experience, and how to help yourself or a loved one who is currently in an abusive relationship.

Journal Square Campus: Wednesday, October 26, 12 p.m.

TRUE LIFE: BEING MUSLIM IN AMERICA

It is no secret that hate crimes against Muslims have surged since 9/11 and continue to spike any time there is a mass casualty committed. For a religion that bases itself in peace and good morals, and with statistics showing that only 0.007% of the total world population of 1.6 billion Muslims identify or are labeled as "extremists", why do so many people stereotype Muslims? Join us for an open conversation on what is it like to be Muslim in America.

Journal Square Campus: Wednesday, November 2, 12 p.m.

TRUE LIFE: I HAVE NO IDEA WHAT IT MEANS TO BE TRANSGENDER

November is Transgender Awareness Month, and it's a perfect opportunity to discuss what we know for sure, what we think we know, and what we want to know more of in regards to transgender people. You do not need to be an expert on the trans community to know that they are constantly scrutinized and more at risk than the rest of the population to be a victim of a hate crime, to be harassed at work and in public, and to be at risk for suicide. In 2011, 700,000 Americans identified themselves as transgender, but with the recent rise of the topic in pop culture, that number is likely much larger. Join us for an open discuss on the experiences of transgender people and work out your preconceived notions in a safe space.

Journal Square Campus: Tuesday, November 8, 3 p.m.

All events require registration. Visit www.hccc.edu/tickets to secure your spot.

#TruckinThursdays



On these Thursdays, come check out some of Hudson County's finest cuisine outside of 81 Sip Avenue (Building G) in Journal Square or right outside NHC in Union City!

All Truckin Thursdays will take place between 11 a.m. and 1 p.m.

Thursday, September 22

Thursday, October 20

Thursday, November 10

North Hudson Campus feat. Dark Side of the Moo

Journal Square Campus feat. Carmella

North Hudson Campus feat. Waffle De Lys

Journal Square Campus feat. Waffle De Lys

Come check out and sample some of Hudson County's finest cuisine!

Use the #TruckinThursdays to post your pics from the event and vote for your favorite truck!

Off-Campus Trips

Take this opportunity to explore cultural experiences and local sporting events!



MONDAY, SEPTEMBER 5

New York Yankees vs. Toronto Blue Jays

1:00 p.m., Yankee Stadium

Students: \$10 Faculty/Staff/Guests: \$16

What's better than enjoying Labor Day by taking part in America's favorite pastime?! Come out and enjoy a Yankees game with the HCCC Community!

THURSDAY, SEPTEMBER 8

Broadway Show: *Wicked*

8:00 p.m., Gershwin Theater

Students: \$25 Faculty/Staff/Guests: \$50

The story centers on Elphaba, the misunderstood, smart, and fiery girl of emerald-green skin who grows up to become the notorious Wicked Witch of the West and Glinda, the beautiful, blonde, popular girl who grows up to become Glinda the Good Witch of the South.

SUNDAY, SEPTEMBER 11

New York Yankees vs. Tampa Bay Rays

1:00 p.m., Yankee Stadium

Students: \$12 Faculty/Staff/Guests: \$24

Cheer on the New York Yankees as they take on the Tampa Bay Rays!

WEDNESDAY, SEPTEMBER 28

New York Yankees vs. Boston Red Sox

7:00 p.m., Yankee Stadium

Students: \$30 Faculty/Staff/Guests: \$60

Cheer on the New York Yankees as they take on the Boston Red Sox! Your ticket comes with all-you-can-eat food and nonalcoholic beverages through the 5th inning.

FRIDAY, SEPTEMBER 30

Broadway Show: *On Your Feet!*

8:00 p.m., Marquis Theater

Students: \$25; Faculty/Staff/Guests: \$55

ON YOUR FEET! is the inspiring true story about heart, heritage, and two people who believed in their talent—and each other—to become an international sensation: Gloria and Emilio Estefan.

SATURDAY, OCTOBER 8

Sesame Street Live:

Elmo Makes Music

2:30 p.m., NJPAC

Students: \$20; Faculty/Staff/Guests: \$40

When the new music teacher's instruments go missing, Elmo, Abby Cadabby, Big Bird, and their friends come to the rescue and discover things about music they never knew existed. Monsters make music? Yes, they do, and in wonderful ways, too. Children learn that everyone can make and enjoy beautiful music together!

SUNDAY, OCTOBER 16

Six Flags Fright Fest

Jackson, NJ

4 p.m.

Students: \$20 Faculty/Staff/Guests: \$45

Combine the thrills of roller coasters with the thrill of being followed by a zombie at Six Flags' Annual Halloween Celebration!

SUNDAY, NOVEMBER 6

New York Knicks vs. Utah Jazz

12 p.m.

Madison Square Garden

Students: \$35 Faculty/Staff/Guests: \$65

Come cheer on the New York Knicks, featuring the veteran Carmelo Anthony, the protégé, Kristaps Porzingis, and the new additions Joakim Noah and Derrick Rose, as they take on the Utah Jazz!

SUNDAY, NOVEMBER 13

Legend of Zelda:

Symphony of the Goddesses

7:30 p.m., NJPAC

Students: \$15 Faculty/Staff/Guests: \$39

Based on the beloved video game series, "Symphony of the Goddesses" features live orchestral performances of theme music from Nintendo's "The Legend of Zelda", and a giant screen showing the franchise's most memorable moments. Guests will enjoy their favorite game moments from the series, carefully and beautifully timed with a gorgeous orchestral score approved by Nintendo sound director and "Legend of Zelda" franchise composer Koji Kondo. The concert is a festive experience for all fans, many of whom "cosplay" as their favorite characters.

TUESDAY, DECEMBER 6

Radio City

Christmas Spectacular

8 p.m. Radio City Music Hall

Students: \$20 Faculty/Staff/Guests: \$40

Join us for the annual musical holiday tradition featuring the world famous Rockettes. With over 140 performers, and an original musical score, the Radio City Christmas Spectacular combines singing, dancing, and humor with traditional scenes to bring you a performance for all ages and one that you will never forget.

SUNDAY, DECEMBER 18

Radio City Christmas Spectacular

5 p.m., Radio City Music Hall

Students: \$30 Faculty/Staff/Guests: \$60

Join us for the annual musical holiday tradition featuring the world famous Rockettes. With over 140 performers, and an original musical score, the Radio City Christmas Spectacular combines singing, dancing, and humor with traditional scenes to bring you a performance for all ages and one that you will never forget.

Transportation to/from event is the responsibility of the purchaser for all events unless otherwise noted. Visit www.hccc.edu/tickets to purchase tickets

Museum and Day Trips

Saturday, September 17

Hispanic Society of America Museum

10:00 a.m. - 1:30 p.m.

Students who reserve a spot will receive a MetroCard to cover your PATH and subway fares.

Sunday, September 18

The Cloisters Museum and the Medieval Festival at Fort Tryon Park

10 a.m. - 5 p.m.

Transportation leaves at 9 a.m.

Saturday, October 1

National 9/11 Memorial and Museum and Walking Tour of WTC Site

10 a.m. - 5 p.m.,

Group leaves at 9 a.m.

Saturday, October 15

Chuang Yen Buddhist Monastery Day Trip

11 a.m. - 6 p.m.,

Transportation leaves at 9 a.m.

Wednesday, October 19

Walking Tour of Chinatown, Group Tour of the Museum of Chinese in America and Dim Sum Lunch

10 a.m. - 4 p.m.,

Group leaves at 9 a.m.

To purchase tickets for the events listed, please visit: <http://www.hccc.edu/tickets/>. Only students, faculty, and staff are permitted on these trips.

Registration for all of these trips will be distributed through HCCC student e-mails and posted on the student portal page.

For questions or instructions on how to register, please call 201-360-4195 or e-mail OSA@live.hccc.edu

THE HCCC LIBRARY MAKERSPACE FALL 2016 EVENTS

Arts & Crafts

JOURNAL SQUARE - MAKERSPACE, 71 SIP AVENUE, L BUILDING

Beginner Origami

Tuesday, September 20

12 p.m. to 3 p.m.

Join Instructor Lisa Bellan-Boyer to explore the art of paper folding and learn beginner origami techniques.

Jewelry Making

Thursday, October 13

11 a.m. to 2 p.m.

Make beautiful jewelry using beads, fabric, wire, clasps, and more. Supplies will be provided to create earrings, necklaces, and bracelets – just bring your creativity!

Handcrafted Holiday Cards & Frames

Wednesday, November 16

11 a.m. to 2 p.m.

Create one-of-a-kind holiday cards and decorate frames to give your loved ones this holiday season.

Keep Calm and Color

Tuesday, December 13

2 p.m. to 5 p.m.

Coloring is not just for kids! Take a break from finals and relieve stress by coloring creative patterns and images.

North Hudson Events

NORTH HUDSON CAMPUS - STUDENT LOUNGE

Button Making

Tuesday, September 20

12 p.m. to 3 p.m.

Make one-of-a-kind buttons with the Library's button makers. Bring your own images or choose from ones supplied by the Library.

Advanced Raspberry Pi

Tuesday, September 27

11 a.m. to 1 p.m.

Take your knowledge of Raspberry Pi to the next level! We will guide you through advanced skills and programming projects on this tiny, single-board computer.

Bead Making

Monday, October 3

2 p.m. to 5 p.m.

Handmade beads from simple paper and glue? Find out how to create them at this DIY workshop. String them up for your own custom bracelets, necklaces, earrings, and more!

Super Smash Bros.™ Friendly

Thursday, October 6

2 p.m. to 5 p.m.

Play friendly rounds of Super Smash Bros.™ and meet other gamers in the HCCC community. Players of all levels are welcome and encouraged to attend!

Jewelry Making

Thursday, October 13

11 a.m. to 2 p.m.

Make beautiful jewelry using beads, fabric, wire, clasps, and more. Supplies will be provided to create earrings, necklaces, and bracelets – just bring your creativity!

Handcrafted Holiday Cards & Frames

Wednesday, November 16

11 a.m. to 2 p.m.

Create one-of-a-kind holiday cards and decorate frames to give your loved ones this holiday season.

Super Smash Bros.™ Friendly

Friday, November 18

1 p.m. to 4 p.m.

Play friendly rounds of Super Smash Bros.™ and meet other gamers in the HCCC community. Players of all levels are welcome and encouraged to attend!

Keep Calm and Color

Tuesday, December 13

2 p.m. to 5 p.m.

Coloring is not just for kids! Take a break from finals and relieve stress by coloring creative patterns and images.

Block Party

Wednesday, December 14

4 p.m. to 7 p.m.

Unwind and explore the endless possibilities of building with LEGO® bricks.

NHC Library Makerspace events will take place in the NHC Student Lounge.

HCCC Library Makerspace events are open to current HCCC students, faculty, and staff. Everyone must present a current HCCC ID card when they arrive for Makerspace events.

Open Hours

Visit the Makerspace in the Main Library during Open Hours to explore, create, and innovate using a variety of technology equipment and arts and crafts supplies. All supplies and equipment are available for use during Open Hours.

The Makerspace will be open from 12 p.m. - 3 p.m. on the following Mondays: September 12, September 19, September 26, October 17, October 24, October 31, November 7, November 14, November 21, December 5, December 12, December 19



Fandom Wars!

Monday, October 31
11 a.m. to 1 p.m.
North Hudson Campus
Student Lounge

Ever wonder what would happen if Dr. Who taught classes at Hogwarts? What if Jon Snow wanted to be a Pokémon master? Magical Girl Alice appears on the scene to defeat the Red Queen! Create your own cross-genre scenarios and share and debate them with your fellow fans. Halloween treats will be served!

JOURNAL SQUARE - MAKERSPACE, 71 SIP AVENUE, L BUILDING

3D Printing

Tuesday, September 27
 11 a.m. to 1 p.m.

Learn how to create objects with our brand new 3D printer, the Fablicator.

Super Smash Bros.™ Friendly

Friday, November 18
 1 p.m. to 4 p.m.

Play friendly rounds of Super Smash Bros.™ and meet other gamers in the HCCC community. Players of all levels are welcome and encouraged to attend!

Super Smash Bros.™ Friendly

Thursday, October 6
 2 p.m. to 5 p.m.

Play friendly rounds of Super Smash Bros.™ and meet other gamers in the HCCC community. Players of all levels are welcome and encouraged to attend!

Block Party

Wednesday, December 14
 4 p.m. to 7 p.m.

Unwind and explore the endless possibilities of building with LEGO® bricks.

Innovation Lab

LIBRARY BOOK CLUB: FALL SEASON

Join us for lively book discussions in the Makerspace. All books and refreshments will be provided by the Library, and you may attend as many sessions as you like. Each session will be limited to 10 participants. Stop by the Library to pick up a book and register.

Main Library Book Club meets in the Makerspace; NHC Book Club meets in the Library Room N303D.

Thursday, September 29
 1 p.m. to 2:30 p.m.
 at Main Library and NHC
The Story of My Teeth
 by Valeria Luiselli

Tuesday, October 18
 1:30 p.m. to 3 p.m.
 at Main Library and NHC
Ms. Marvel Volume I
 by G. Willow Wilson

Wednesday, November 30
 1:30 p.m. to 3 p.m. at Main Library
The Queue
 by Basma Abdel Aziz

1:30 p.m. to 3 p.m. at NHC
Room
 by Emma Donoghue

Visit: hccclibrary.net to learn more!



Health & Wellness Events

SUNDAY, SEPTEMBER 25 Out of the Darkness Walk

9 a.m.
J. Owen Grundy Pier, Exchange Place,
Jersey City
For more information and to register for
the walk, please visit hccc.edu/tickets

WEDNESDAY, OCTOBER 12 Health and Wellness Fair

11 a.m. to 2 p.m.
Journal Square Campus, B Student Lounge

THURSDAY, OCTOBER 20 WomenRising's Candlelight Vigil

6 p.m. to 8 p.m.
Journal Square Campus, B Student Lounge
*OSA and WomenRising's team up to support
Domestic Abuse Awareness month with a special
candle light vigil for all those impacted by and
victims of domestic violence.*

SUNDAY, OCTOBER 23 Making Strides Against Breast Cancer Walk

9 a.m.
Newport Plaza, Jersey City, NJ
For more information and to register for the
walk, please visit www.hccc.edu/tickets

MONDAY, OCTOBER 24 Relax and Unwind Fair

12 p.m. to 3 p.m.
Journal Square Campus,
B Student Lounge
*Feeling stressed out? We've got massages, facials,
and more that you will help you unwind.*

TUESDAY, OCTOBER 25 Therapy Dogs

11a.m. - 1 p.m.
North Hudson Campus, Student Lounge

WEDNESDAY, OCTOBER 26 Relax and Unwind Fair

12 p.m. to 2 p.m.
North Hudson Campus, Student Lounge
*Feeling stressed out? We've got massages, facials,
and more that you will help you unwind.*

MONDAY, NOVEMBER 21 Therapy Dogs

11 a.m. - 1 p.m.
Journal Square Campus, B Student Lounge

THURSDAY, DECEMBER 1 World AIDS Day Tabling

11 a.m. - 3 p.m.
Journal Square Campus, B Building

Introducing... OWN YOUR FITNESS



Take your health and fitness into your hands this semester. Own Your Fitness will give you the opportunity to work with a certified personal trainer to improve and reach your nutrition and fitness goals.

Journal Square Campus Program

These workshops will occur on the following
Wednesdays from 3 p.m. - 4 p.m. in the
B Student Lounge.

Introduction Workshop September 14

Group Workouts

October 5
October 12
October 19
October 26
November 2

North Hudson Campus Program

Join our trainer in the Student Lounge for free
nutritional and physical assessment. Sit down
with him to figure out a fitness or nutritional
plan, or ask questions about your current
regimen and how to improve it.

Thursday, September 15
from 10 a.m. - 11:15 a.m.

Tuesday, October 4
from 2 p.m. - 3:15 p.m.

Monday, November 7
from 4:30 p.m. - 5:45 p.m.

All students who participate in a program with our trainer will enter to win a Fit Bit. A winner from each campus will be contacted on November 8!

FINALS STUDY BREAK

ALL EVENTS WILL OCCUR BETWEEN 12 P.M. & 2 P.M.

TUESDAY DECEMBER 13

Therapy Dogs at JSQ
Stuff-a-Plush at NHC

THURSDAY, DECEMBER 15

Relax with Massages at JSQ
Relax with Therapy Dogs at NHC

WEDNESDAY, DECEMBER 14

Stuff-a-Plush at JSQ
Relax with Massages at NHC

Visit the B Student Lounge from
December 5-16 to use the space as
a study lounge.

Journal Square Campus: B Student Lounge
North Hudson Campus: Student Lounge

*Come out and
enjoy the start of
the Fall semester
with all your
favorite events!*

**Come Out!
Be Social!
Enjoy HCCC!**

OFFICE OF STUDENT ACTIVITIES

25 Journal Square, B-104, Jersey City, NJ

Monday-Thursday: 9 a.m. to 6 p.m.
Friday: 9 a.m. to 5 p.m.

For questions or instructions on how to register,
please call 201-360-4195 or e-mail OSA@live.hccc.edu

Follow us on Twitter and Instagram! @HCCC_OSA

Like us on Facebook!
<https://www.facebook.com/HCCCStudentActivities>