

Connie Silletti-Cafaro, MA

PROFILE

Counselor with extensive experience working with adolescents and young adults in academic settings, and with adults in the medical, social services and mental health fields. Dedicated professional with a passion for education and fostering growth and development of young people by guiding them to make successful educational, personal and occupational life plans.

PROFESSIONAL EXPERIENCE

Hudson County Community College Jersey City, NJ
Perkins Equity Coordinator/Career Coach 2019 - Present

- ❖ Assess student's academic, social-emotional and career needs; provide support and referrals to campus and community partners, as needed.
- ❖ Facilitate individual counseling sessions, classroom presentations and workshops on career readiness, including mock interviews, resume and cover letter writing.
- ❖ Design content and market Career Services via social media, and electronic communication.
- ❖ Coordinate career exploration utilizing FOCUS 2 Career Assessment.
- ❖ Develop academic plans and maintain consistent appointments for caseload of students on academic probation and/or in danger of placement on suspension or dismissal.
- ❖ Advise students requesting special considerations and academic appeals.
- ❖ Coordinate services for special populations to include the disabled, disadvantaged and English learners.
- ❖ Collaborate with local high schools to recruit students and exchange best practices ideas for programming.
- ❖ Monitor CTE programs for equitable participation.
- ❖ Member of The Jed Campus Committee at HCCC.

Public Schools of Plainfield - Plainfield High School Plainfield, NJ
Senior Case Manager/Counselor 2014 - 2018

- ❖ Provided case management and counseling to participants enrolled in Teen Parenting Program, their children and guardians.
- ❖ Maintained a clinical caseload of students requiring weekly individual counseling to address personal, academic and mental health issues, to promote academic success and overall improvements in functioning.
- ❖ Advocated on student's behalf and provided guidance while applying for community/social services.
- ❖ Partook in recruitment activities in an effort to enroll students in the varying groups and services offered.
- ❖ Facilitated weekly parenting and life skills groups.
- ❖ Co-supervised interns enrolled in Rutgers University Master's programs.
- ❖ Member of I&RS and Crisis Intervention Teams.

University Academy Charter High School Jersey City, NJ
School Counselor Intern - Freshman 2012 - 2013

- ❖ Completed assessment interviews to determine student's interests, strengths, weaknesses, academic and/or personal needs and limitations.
- ❖ Strategized improvement plan including tutoring, homework techniques and study skills.
- ❖ Provided individual and group counseling sessions and facilitated weekly self-esteem group.

Hoboken University Medical Center

Medical Case Manager

Hoboken, NJ

1999 - 2011

- ❖ Maintained a caseload of 100 clients diagnosed with HIV/AIDS and provided needs assessment and treatment plans.
- ❖ Educated and counseled clients to ensure medical, psychiatric and substance abuse treatment adherence.
- ❖ Utilized effective intervention skills in crisis situations to prevent suicide, abuse and homelessness.
- ❖ Conducted community presentations on health, wellness and prevention.
- ❖ Coordinated the distribution and tabulation of annual county-wide surveys for 1,000 clients across 5 county agencies.

SKILLS

Microsoft Office	CitySpan MIS
Ellucian Colleague	NYU SIS
HCCC Liberty Link Student Planning	FOCUS 2
Career Spark	Expert Proofreader
Genesis	Conversational Spanish
PowerSchool	Strong leadership abilities

CERTIFICATIONS

Cornell University: Diversity & Inclusion	Issued 4/22	No expiration
New Jersey School Counselor Cert #902537	Issued 6/13	No expiration

AFFILIATIONS

New Jersey School Counselor Association	2013 - Present
Hudson County School Counselor Association	2018 - Present
Notary Public, State of New Jersey	2002 - Present

SPECIALIZED TRAININGS

QPR Suicide Prevention	2021
Linkedin Learning: Developing Your Emotional Intelligence	2021
Mental Health First Aid Training	2021
Human Trafficking: Engagement and Interviewing Skills	2017
Minor Sex Trafficking	2015

EDUCATION

New Jersey City University Master of Arts in Counseling	Jersey City, NJ GPA 3.8
Kean University Bachelor of Arts in Psychology	Union, NJ GPA 3.3