

We are here for you!

Are you experiencing stress, depression, or anxiety?

Difficulty adjusting to the College environment?

Dealing with mental health and wellness?

Hudson County Community College cares about you and wants to help.

Please complete the General Concern Form

click here: <https://tinyurl.com/HCCC-Care>
or scan the QR code.

The form is NOT monitored 24/7.

A member of the CARE team will respond to
your request during regular business hours.

If you need immediate help

call or text 988 or visit <https://988lifeline.org>

