

HCCC – JED campus Timeline

Hudson County Community College is proud to partner with the [JED CAMPUS](#); beginning Fall 2021, HCCC was provided a great opportunity by JED CAMPUS as they had chosen our institution as one of the recipients of the [New Jersey Pandemic Relief Fund](#), which provided funding to JED to sponsor three colleges and universities to participate in JED Campus program starting in Fall 2021 which was a part of a broader effort to address mental health needs across the state.

The JED CAMPUS provides a comprehensive framework to:

- Enhance and promote students' mental health and well-being through effective programming, services, and resources.
- Develop awareness and understanding regarding mental health and suicide prevention through – building awareness, teaching skills necessary to cope with college life's stress, intervening and reducing the potential for self-harm behaviors—and training and developing a competent professional team and stronger peer support system.

HCCC is aware of how mental health problems and stress can impact academic performance and considers our student's well-being a **priority** which is why partnering with JED CAMPUS will allow us to continue our goals and mission.

In Fall 2021, students were allowed to participate in a Healthy Minds Study. We received the results in December 2021 and are currently developing a strategic plan based on the needs identified by our HCCC students.

We are excited to enhance the services with our Mental Health Counseling & Wellness Department, collaborate with other departments, Student Leadership, EOF, the Academic community, and Hudson Helps, intending to support students and provide educational opportunities for staff to develop an understanding of mental health and wellness.

Chair

Doreen Marie Pontius, MSW, LCSW

Director Counseling & Wellness

Co Chair

Deliana Acosta, LSW

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