

PATHWAY PRESS

Office of Career & Transfer Pathways Monthly Newsletter

🖊 Save the Date: Career & Transfer Fairs Coming Soon! 🆊



Career & Transfer Fair

Tuesday, March 18, 2025 1pm to 3pm North Hudson Campus 2nd Floor, Multipurpose Room

Wednesday, April 9, 2025 1pm to 3pm Journal Square Campus 1st Fl., Culinary Conference Center





At these events, you'll have the chance to:

- Network with industry professionals and recruiters
- Explore internship and job opportunities
- Meet university representatives and learn about transfer options
- Gain valuable career and transfer tips

Don't miss out on these exciting opportunities to build your future! Stay tuned for more details in the coming weeks.



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Get ready to take the next step in your academic and career journey! The Career & Transfer Pathways Office invites you to mark your calendars for our upcoming Career & Transfer Fairs—your opportunity to connect with employers and four-year university representatives.



Meet the New Career and Transfer Specialist Kim Hosmer



What inspired you to pursue a career in Career and Transfer Pathways, and what excites you most about this role at HCCC?

I am thrilled to be part of this incredible team and to assist students as they navigate what can often be a daunting journey in determining their next best steps in their career and educational paths. I strongly believe in the community college experience as a great equalizer in societal and economic mobility. Community colleges provide students with opportunities they may not have otherwise known existed, and I am excited to be part of that journey.

At CTE, our mission is to help students maximize these opportunities by offering clarity, guidance, and support in utilizing the resources available to them. Each of us has had a pivotal class, professor, or mentor who opened new doors and encouraged us to see beyond our initial limits. I consider it a true honor to play that role for our students.

What are your top priorities for supporting students in their career and transfer journeys, and how do you envision collaborating with our team to achieve them?

One of my top priorities in supporting students on their career and transfer journeys is helping them recognize and embrace their own unique paths—regardless of external pressures or comparisons to others. Every step they take contributes to their individual career story.

I want students to know they are not alone in this process. It can be challenging and overwhelming, but our team at CTE is here to guide, support, and illuminate the way. As part of this incredible team, I aim to emphasize the importance of building a network from day one of their college experience. Whether through study groups, faculty connections, or professional networking, these relationships will become a crucial part of their success. Developing this transferable skill will serve them well as they transition from college to further education or their careers.

I am excited to collaborate with the team to create meaningful opportunities for students and to witness the incredible journeys they embark on!

What is one piece of advice or a motto that guides you in your professional journey?

I have two guiding principles that have shaped my educational and professional journey:

- 1. Learning happens in the doing. Just try-put in your best effort and see where the next step leads.
- 2. Not everyone's journey is a straight line. The paths we take are often full of unexpected turns, and each step contributes to our growth. Don't be afraid to pivot when opportunities arise!



Meet the New Career and Transfer Specialist Luz Tellez

What inspired you to pursue a career in Career and Transfer Pathways, and what excites you most about this role at HCCC?

My passion for Career and Transfer Pathways stems from my journey as a first-generation college student. As an alumna of Hudson County Community College, I understand firsthand the challenges students face in their higher education journey. At HCCC, I felt supported and uplifted by the many resources available, which significantly shaped my academic and personal growth.

However, transferring to a four-year institution was challenging. The transition exposed gaps in tailored support for first-generation students. The guidance I had relied on was no longer available in the same way, making the process overwhelming. These experiences reinforced my commitment to ensuring students receive the guidance and support they need to navigate these transitions successfully.

I'm excited about this role because it allows me to give back to the institution that shaped my path. Supporting students as they explore career and transfer opportunities, strengthening partnerships with four-year institutions, and expanding access to resources align perfectly with my passion for equity and student success.

What are your top priorities for supporting students in their career and transfer journeys, and how do you envision collaborating with our team to achieve them?

My top priorities for supporting students include empowering them with knowledge and personalized support. Many students are unaware of the resources available to them, so I aim to provide clear, accessible guidance on transfer agreements and career pathways. A holistic approach not only meets students' individual needs but also fosters self-advocacy skills, ensuring they are well-prepared for the transition to a four-year institution or the workforce.

I plan to collaborate with the Career and Transfer Pathways team by supporting event coordination, enhancing communication and outreach, and encouraging students to engage with resources early in their academic journey. Together, we can create a structured and supportive pathway that helps students confidently take their next academic or professional step.

What is one piece of advice or a motto that guides you in your professional journey?

A guiding piece of advice comes from a saying my dad often repeats: "Para atrás ni para coger impulso." This phrase, which means "Never move backward, not even to gain momentum," has shaped my approach to work and growth. Throughout my career in education, I have continuously sought opportunities to learn and contribute meaningfully. I strive to put my best foot forward, engaging in impactful work that fosters student success.

Teamwork has been central to my journey, allowing me to grow alongside dedicated professionals in every team I have been part of.

Star Employer: Palisades Family Success Center



The Palisades Family Success Center is a vital community organization in Hudson County, dedicated to strengthening families, promoting life skills, and supporting individual growth. Through a variety of free programs and services, the center provides a welcoming space where individuals and families can access essential resources and guidance to navigate life's challenges.

Among the center's key offerings is parent education, equipping caregivers with strategies to foster healthier family environments. Their life skills workshops cover topics such as time management, effective communication, and problem-solving, while housing services provide critical support for those facing housing instability.

Additionally, the center hosts parent-child activities to encourage family bonding and child development. Advocacy and youth development programs further empower individuals by fostering resilience and leadership. Employment and training programs prepare participants for the workforce by enhancing job readiness and career-building skills, and home visiting services offer personalized support to families with young children.

Opportunities for HCCC Students

Hudson County Community College students can greatly benefit from the resources at the Palisades Family Success Center, especially those balancing academics with personal and family responsibilities. The center's employment and life skills programs provide valuable tools for students looking to enhance their career prospects while managing daily challenges.

For students pursuing degrees in community health, psychology, social work, or early childhood education, the center also offers experiential learning opportunities through internships and volunteer roles. These experiences allow students to apply their academic knowledge in real-world settings, gaining hands-on experience in family and community support.

By partnering with organizations like the Palisades Family Success Center and the Skyway Family Success Center, HCCC helps expand students' learning experiences while strengthening community connections. These collaborations not only provide valuable resources but also empower students to become active, compassionate leaders in Hudson County and beyond.

Scan to Apply! When creating a new profile, use your HCCC email.





FULL TIME INTERVIEW QUESTIONS *Handshake*

Sample List of Interview Questions To Ask An Employer

(HAVE 3-6 QUESTIONS IN MIND, ONLY ASK 3)

To learn more about the role

These questions are good to ask the hiring manager.

- Can you describe a typical day for the person in this role?
- What are some of the first projects the person in this role will work on?
- What skills or qualities do you think are most important to succeed in this role? At this company?
- What do you think are some challenges that the person in this role will face?

Learn about the employer

Familiarize yourself with the employer before your interview by reading their Handshake page, company website, and searching for recent news online.

- What are the biggest goals for the company? (in the next 90days/ 6mo)
- What excites you most about the company's future?

Learn about the team you would join

- Can you tell me more about the team? My manager?
- How would you describe your management style? (If you're meeting with the person you'd report to)
- Who will I work closely with?

Learn about company culture

- How would you describe the work environment for the team/company?
- What is something unique that you like about the company?

Finally, learn next steps before you leave

- What are the next steps in the interview process?
- Is there anything else I can give you that would be helpful in making a decision?







GET READY TO GET HIRED



NTACT THE TRANSFER AND CAREER PATHWAYS TEAM AT CTPATHWAYS@HCCC.EDU

Career Readiness Competencies for Your Future Success

As you prepare for your professional journey, mastering key career readiness competencies can set you apart in today's competitive job market. The National Association of Colleges and Employers (NACE) has identified eight core career readiness competencies that employers look for in candidates. These competencies ensure you are well-equipped to navigate the workplace and achieve long-term career success.

| THE EIGHT COMPETENCIES INCLUDE: | | | |
|---------------------------------|---------------------------|---|--|
| | Competencies | Defination | |
| | Career & Self-Development | Proactively pursue growth through learning, networking, and goal setting. | |
| | Communication | Effectively express ideas, listen actively, and tailor messaging for different audiences. | |
| | Critical Thinking | Analyze information, solve problems, and make sound decisions. | |
| | Equity & Inclusion | Engage with diverse perspectives, challenge inequities, and foster an inclusive environment. | |
| | Leadership | Motivate, inspire, and guide teams toward common goals. | |
| | Professionalism | Demonstrate accountability, reliability, and strong work ethics. | |
| Tallout | Teamwork | Collaborate effectively while respecting different viewpoints. | |
| | Technology | Adapt to and leverage digital tools to improve efficiency and productivity. | |

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Career Support Timeline

The career support timeline is a comprehensive guide that outlines the various stages and key milestones students experience as they prepare for their future careers. This timeline serves as a valuable resource for students, offering a clear understanding of the steps they should take at each phase of their academic journey to build a strong foundation for their professional life. Whether you are just starting to explore career options or are ready to launch your career, this timeline will serve as a roadmap to ensure a successful and strategic transition into the workforce.

| arly Stages (0-15 credits) | Self-Assessment: Take career assessments or interest inventories to identify potential career paths that align with your interests and strengths. Explore Career Options: Attend informational sessions to learn about various industries and career opportunities related to your major. Begin Networking: Join campus clubs or organizations connected to your field of interest and start building your network through volunteering or participating in events. Download Handshake App: Download the Handshake app, create your profile, and begin exploring internships, part-time jobs, and other career opportunities. Part-Time Jobs/Volunteer Work: Use Handshake to search for part-time jobs and volunteer opportunities to gain early experience in different industries. | | |
|-------------------------------|---|--|--|
| | EXPLORE CAREER OPTIONS | | |



Transfer Support Timeline

The transfer support timeline is a comprehensive guide that outlines the various stages and key milestones a student typically experiences when transitioning to a new educational institution. This timeline serves as a valuable resource for transfer students, providing them with a clear understanding of what to expect during their journey. Whether you are considering transferring or have already embarked on this path, this timeline will serve as a valuable roadmap to ensure a smooth and successful transition to your new educational destination.

• **Research:** Start researching potential transfer universities and their transfer requirements, including GPA, prerequisite courses, and application deadlines. Consider factors such as location, program offerings, and financial aid options.

Early Stages (0-15 credits)

- Academic Advising: Meet with an academic advisor at the college to discuss your transfer goals. They can guide you on the appropriate courses to take and ensure you are on track to meet transfer requirements.
- General Education Courses: Focus on completing your general education requirements, as these are typically transferable to most universities. Consult with your advisor to determine which courses fulfill these requirements.



Career & Transfer Champion

Candice M. Fernandez

Class of 2016





What resources or support systems were most helpful during your transfer process?

My art professors were incredibly helpful in sharing different aspects of pursuing art as a career. Speaking with professionals who had firsthand experience provided valuable insight. Additionally, while working in the Advisement Department as a Peer Leader, I received excellent guidance from the advisors, which played a significant role in my final decision.

Can you describe any challenges you faced when transferring and how you overcame them?

Balancing school, work, teaching art on the side, and everyday responsibilities was challenging. Fortunately, I had my partner and friends as a strong support system. I also took advantage of the mental health counseling services on campus, which provided me with techniques to manage my anxiety effectively.

What motivated you to pursue your chosen career path?

When I started at HCCC, I knew I wanted a career in art. I was looking for something creative that also allowed me to help others in a meaningful way. Art has always been a powerful and healing process for me and those around me. Discovering that Art Therapy is a profession dedicated to using art as a tool for healing was inspiring, and I knew it was the right path for me.

How did transferring affect your career goals or opportunities?

Transferring helped solidify my career goals. I enrolled in an Introduction to Art Therapy course at NJCU, telling myself that if I enjoyed it, I would continue pursuing it—if not, I could explore other options. Luckily, I was able to dive into the field early, which helped me feel fully prepared when it came time to pursue my master's degree.

How did the career services at HCCC and your new college/university help you in your job search?

Most internships and career opportunities in Art Therapy are available only during graduate school or after obtaining licensure. However, when applying to graduate programs, I needed an updated resume along with my portfolio and essays. Career Services helped me refine my resume, ensuring that all of my achievements were effectively highlighted.

| Onsite Visit | | | |
|--------------|----------|--------------------------------|--------------------------------------|
| Date | Time | Campus | Location |
| 3/4/2025 | 10AM-1PM | St. Thomas Aquinas College | JSQ, Library Lobby, 1st Fl. |
| 3/4/2025 | 2PM-5PM | NJCU- CONNECT Program | JSQ, G Bldg, Student Center, 1st Fl. |
| 3/4/2025 | 2PM-5PM | Dominican University | NHC, 1st Fl. Lobby |
| 3/5/2025 | 10AM-1PM | Kean University | NHC, 1st Fl. Lobby |
| 3/5/2025 | 2PM-5PM | Fairleigh Dickinson University | NHC, 1st Fl. Lobby |
| 3/6/2025 | 10AM-1PM | Rutgers University-Newark | JSQ, G Bldg, Student Center, 1st Fl. |
| 3/6/2025 | 10AM-1PM | Caldwell Unviersity | NHC, 1st Fl. Lobby |
| 3/11/2025 | 10AM-1PM | William Paterson University | JSQ, Library Lobby, 1st Fl. |
| 3/11/2025 | 2PM-5PM | Felician University | JSQ, G Bldg, Student Center, 1st Fl. |
| 3/12/2025 | 2PM-5PM | Stockton University | JSQ, G Bldg, Student Center, 1st Fl. |
| 3/13/2025 | 10AM-1PM | Manhattan University | JSQ, Library Lobby, 1st Fl. |

Visit our Transfer Support website the remainder of the Spring 2025 Onsite Visits!



| Instant Decision Day (IDD) | | | |
|----------------------------|----------|--------------------------------|--------------------------------------|
| Date | Time | Campus | Location |
| 3/14/2025 | 2PM-5PM | Ramapo College of NJ | Remote |
| 3/17/2025 | 10AM-1PM | Kean University | North Hudson Campus, 1st Fl. |
| 4/4/2025 | 10AM-1PM | Montclair State University | Remote |
| 4/8/2025 | 10AM-1PM | NJCU | JSQ, G Bldg, Student Center, 1st Fl. |
| 4/14/2025 | 10AM-1PM | University of Phoenix | JSQ, G Bldg, Student Center, 1st Fl. |
| 4/21/2025 | 10AM-1PM | Rutgers University-Newark | Remote |
| 4/25/2025 | 2PM-5PM | Fairleigh Dickinson University | Remote |

ALL STUDENTS must print an unofficial transcript for each visit.

Visit our Transfer Support website for the remainder of the Spring 2025 Onsite Visits to RSVP for any "Instant Decision Days."



| Career & Transfer Events | | | |
|--------------------------|------------|---|------------------------------|
| Date | Time | Campus | Location |
| 3/5/2025 | 3PM-4PM | Rutgers Newark Business School Information Session | Virtual |
| 3/5/2025 | 6PM-7PM | Saint Peter's University International & Veteran Students Information Session | Virtual |
| 3/7/2025 | 3PM-4PM | Rutgers Newark School of Criminal Justice Information Session | Virtual |
| 3/18/2025 | 1PM-3PM | Career & Transfer Fair- North Hudson Campus | Multipurpose Room, 2nd Floor |
| 3/25/2025 | 9AM-1:30PM | Rutgers- Newark Tour : School of Public Affairs & Administration | JSQ |





Visit our Career & Transfer Involved Page to RSVP for upcoming events, tours, workshops, and information sessions.





Office of Career & Transfer Pathways Monthly Newsletter

Contact

ctpathways@hccc.edu

201-360-4184

70 Sip Avenue, 3rd Floor Jersey City, NJ 07306

4800 John F. Kennedy Blvd. 1st Floor Union City, NJ 07087











Schedule appointments easily with our Team

